

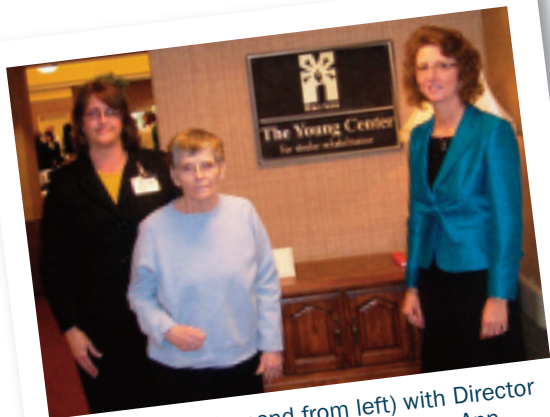


winter 2010

Generations

newsletter for residents, families, and friends of Rae-Ann

Rae-Ann Westlake Dedicates The Young Center for Stroke Rehabilitation



Barbara Young (second from left) with Director of Nursing Sue Williams (left) and Rae-Ann owner Sue Griffiths.

On November 20, Rae-Ann Westlake dedicated its innovative private stroke rehabilitation wing as The Young Center for Stroke Rehabilitation.

The specialized unit, which provides intensive, personalized rehabilitation to stroke victims in the crucial post-hospitalization period, was named for Barbara Young, an 18-year Rae-Ann employee who suffered a stroke in April 2008. Barbara has experienced first-hand how the innovative features of this unique facility can help stroke victims as she continues to make strides in her own recovery.

“Barbara’s determination played a large role in the decision to dedicate the center in her name,” says Anne Hicks, Administrative Coordinator. “She was always an extremely conscientious employee and that work ethic has

helped her achieve so much toward her rehabilitation.”

Opened in December 2006, the Young Center’s 18 accommodations are designed specifically for the needs of stroke patients and their families. The wing features a private dining room with a menu specially tailored to stroke patients, and bright, inviting common areas for visiting with family.

The experienced nurses work exclusively in the stroke center and personal care aides are specially trained in post-stroke care. Neurologist Dr. Hayder M. Kadhim is available for consultation and follow-up assessments, and Dr. Thomas Griess from Psychology Consultants serves as an on-staff psychologist, providing crucial care to residents and families coping with the life changes a stroke can bring.

A full range of therapy professionals, including physical, occupational, speech, and recreational therapists, as well as a licensed massage therapist, assist residents in achieving their optimum level of well-being. Legal services also are available to help residents and their families navigate the potentially life-altering aftermaths of a stroke. Consultations and in-home assessments also are offered to help ease the transition from the Young Center environment to the home.

Also in this Issue:



pg 2
Rae-Ann Owners
in the Spotlight



Special Insert
Josh Faiola Helps Rae-Ann
Make National News



pg 3
Rae-Ann Honors Dedicated
Employees

**Rae-Ann Skilled Nursing
& Rehabilitation Facilities**
(440) 835-3004
www.rae-ann.net



Cindy Griffiths-Novak with the OALA award she received in December.

Cindy Griffiths-Novak Named OALA's Outstanding Marketing Director

The Ohio Assisted Living Association (OALA) recently named Rae-Ann owner Cindy Griffiths-Novak its 2009 Outstanding Community Relations/Marketing Director in recognition of her vision, innovation, creativity, and effectiveness. Administrator of The Belvedere of Westlake, Cindy's talent for thinking "outside the box" distinguished her from her peers at 350 assisted living facilities statewide and earned her OALA's "Honoring Excellence" award.

"All of my ideas have come from the premise of combining purposeful resident activities with great community involvement," Cindy says, "but I also like to give things just a little twist."

In 2009, her "twists" included having The Belvedere serve as a host family to a semi-pro baseball player, which led to a 15% increase

in overall census at the assisted living facility and garnered national publicity on CNN.com, ESPN, and Guideposts.com. She also spearheaded an award-winning advertising campaign featuring Rae-Ann employees.

John Griffiths Elected Chair of North Coast Health Ministry Board



John Griffiths, owner/administrator of Rae-Ann Suburban, has been elected Board Chair for the North Coast Health Ministry (NCHM), a faith-based free clinic providing healthcare services in western Cuyahoga and eastern Lorain counties. John has been a member of the NCHM board for 13 years, continuing the work of founder Dr. Russ Elmer, whose dream was to provide healthcare to those who were "falling between the cracks." Last year, over 170 NCHM volunteer physicians, nurses, and caregivers served over 2,200 uninsured patients.

Sue Griffiths Moves Harbinger Hospice to Larger Facility

Rae-Ann owner/administrator Sue Griffiths is also the owner and program director of Harbinger Hospice, which has provided compassionate, professional hospice and palliative care to individuals with life-limiting illnesses since 1996. Although hospice services are provided in the patient's home, the Harbinger staff of licensed nurses, social workers, spiritual care providers, and therapists had outgrown its old space and has now moved to 837 Crocker Road in Westlake. "We continue to be committed to providing exceptional hospice care for the individuals and families we have the privilege of caring for during this phase of life," says Sue, "and our new space allows us to do this more efficiently."



Rae-Ann Launches a New Website

Visit www.rae-ann.net to learn more about each family-owned Rae-Ann health care facility, our care philosophy, admissions process, employment opportunities, and more.

Employee AWARDS



The Virginia Sprinkle Award

A nursing excellence award established in 1988 in honor of a long-time Rae-Ann nurse who infused dignity, kindness, and hope into her care of residents.

2009 Winner: Frances Check, RN The Belvedere of Westlake

Healthcare Coordinator Fran started at Rae-Ann in 1995 and has worked as a floor nurse and Assistant Director of Nursing. She displays incredible compassion and empathy for residents.



The Raymona Cottom Award

Established in 2005 in memory of a beloved 21-year employee who embodied the "universal worker" philosophy of going above and beyond the call of duty.

2009 Winner: Kelly Lehman STNA, Rae-Ann Center

In her 5+ years at Rae-Ann Center, Kelly has made great strides in achieving daily goals and going beyond the call of duty to enhance residents' lives.

Service Awards

Five Years:

Janice Banjoff, Rae-Ann Westlake
Patty Chandler, The Belvedere of Westlake
Janice Giurbino, Rae-Ann Suburban
Tanya Hullum, Rae-Ann Suburban
Mary Joseph, Rae-Ann Westlake
Bob Klucar, Rae-Ann Westlake
Irene Knapp, Rae-Ann Westlake
Kelly Lehman, Rae-Ann Center
Rick Neace, Rae-Ann Suburban
Patty O'Shea, Rae-Ann Suburban
Josie Shaker, Rae-Ann Center
Lana Stewart, Rae-Ann Westlake
Terrie Truxall, Rae-Ann Westlake
Reyna Weese, The Belvedere of Westlake

Ten Years:

Annette Carter, Rae-Ann Westlake
Christine Caton, Rae-Ann Holdings
Marilena Docy, Rae-Ann Center
Nancy Huang, Rae-Ann Holdings
Mindee Morrison, Rae-Ann Geneva
Shawna Spann, Rae-Ann Westlake

Fifteen Years:

Maureen English, Rae-Ann Suburban
Evelyn Hernandez, Rae-Ann Center
Doretta Mediavilla, Rae-Ann Suburban
Vicky Phillips, Rae-Ann Center
Brenda Rausch, Rae-Ann Center

Twenty Years:

Betty Ellwood, Rae-Ann Westlake
Maria Luciano, Rae-Ann Center
Debbie Maki, Rae-Ann Westlake
Pat Rine, Rae-Ann Westlake
Mary Simmons, Rae-Ann Geneva
Tony Tomatz, Rae-Ann Westlake
Dinisha Williams, Rae-Ann Suburban

Twenty-Five Years:

Pam Cothran, Rae-Ann Westlake
Mary Jane Lasure, Rae-Ann Westlake
Louise Nieto, Rae-Ann Center

Thirty Years:

Sue Zimmer, Rae-Ann Geneva

Employees of the Year



Rae-Ann Center: Jessie Furin (STNA – Housekeeping, Dietary, Receptionist)

Throughout her 10 years at Rae-Ann Center, Jessie has mastered many duties in almost every department. Nominated for her flexibility and dedication to the residents and staff, multi-tasking has been among her key strengths. Jessie is set to graduate from nursing school this spring.

Rae-Ann Suburban: Ebony Williams (STNA – Receptionist)

Ebony is a terrific employee who works both as a nursing assistant and receptionist. She is pleasant, professional, and courteous to residents and their families. Her greatest attribute is her beautiful smile that she shares with everyone.

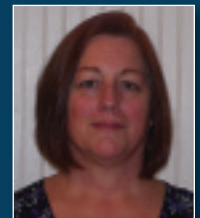


Rae-Ann Westlake: Debbie Tomecko (STNA)

Debbie is a self-assured, goal-oriented STNA who has brought a wealth of knowledge and dedication to the residents under her care. She often accepts the toughest assignments without complaint and maintains an excellent understanding of Rae-Ann's philosophy of care.

The Belvedere of Westlake: Patty Chandler (Receptionist)

Patty's hospitality and great sense of humor are evident to all who visit the reception desk at The Belvedere. Combining a strong work ethic with her commitment to upholding the Rae-Ann mission, Patty makes residents and families feel comfortable and well-cared for.



Rae-Ann Geneva: Theresa Erwin (Nursing Assistant and Activities Coordinator)

Theresa is an energetic employee who is always laughing and having fun with residents and her fellow employees. Her enthusiasm is infectious and she is able to get along with everyone who meets her. We are blessed to have an employee like Theresa, who always puts the residents first.

Rae-Ann a Winner in Coveted Community Competitions

For the third consecutive year, Rae-Ann was voted “**Top Nursing Home**” in *West Shore Live Well* magazine’s 2009 **Best of the West competition**. Now it’s time to cast your vote to help us win a fabulous fourth time! Vote online at westshoremag.com by **February 5**.



Home/Assisted/ Independent Living category, while groundskeeper Sam Harris’ talents at Rae-Ann Westlake and Rae-Ann Suburban earned second- and third-place honors, respectively.



Team Rae-Ann once again went head-to-head with other local businesses in the City of Westlake’s third annual **Corporate Challenge**, capturing **second place** in the four-day athletic competition. Special congratulations to Lorrie Williams, Dietary Supervisor at Rae-Ann Westlake, who won the Texas Hold ‘Em Poker Tournament, and Debbie Maki, who designed “Breaking

Wind,” the duct tape-and-cardboard vessel that won the “Wacky Races” pool competition.

We are also proud to have taken top honors in the **Red Cross Blood Drive** sponsored by Kerry Neal at Rae-Ann Suburban, and the **Food Donation Drive** sponsored by Katie Swiggett at The Belvedere.



“Breaking Wind” was the winner of the “Wacky Races”



In August, Rae-Ann facilities took the **top three spots in the Westlake in Bloom contest** sponsored by the City of Westlake. The Belvedere’s 3,000 tulips, lovingly tended by maintenance supervisor Raul Lozada, helped earn the facility first place in the Nursing

Rae-Ann Skilled Nursing and Rehabilitation Facilities

The Belvedere of Westlake



Assisted Living & Special Care

Rae-Ann Westlake



Skilled Nursing & Stroke Rehabilitation

Rae-Ann Suburban



Skilled Nursing & Orthopedic Rehabilitation/Wound Care

Rae-Ann Center



Specialized Alzheimer’s & Dementia Care

Garden Gate



Private Skilled Nursing & Post Acute Care/Rehabilitation

Rae-Ann Geneva



Skilled Nursing & Rehabilitation



P.O. Box 40175
Bay Village, OH 44140